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### **You Can Make Anything Sad**

You Can Make Anything Sad is ultimately a breakup story, told through listed non-sequiturs and journal entries spanning about half a year. Despite similarities to work by his peers, Madsen's Sad is concise, focused, and ultimately beautiful. Going into reading this, I was worried.

### **You Can Make Anything Sad: Spencer Madsen, Adam Robinson ...**

Written like diary entries, with month/date/year titles, segued with poems that recommend or ponder, Spencer Madsen is the author and subject of his collection YOU CAN MAKE ANYTHING SAD. A narrative of sorts emerges from the pieces that, at first, read to me as disjointed, funny, observant, clever and deep aphorisms.

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## **You Can Make Anything Sad by Spencer Madsen**

Some of the things that make me sad are fairly trivial, while others are huge issues in our society. Whatever the case, I'm grateful that I am able to feel these human emotions—remorse, despair, sadness—no matter how upsetting these emotions can be. Without further ado, here are some of the things that make me sad: 1.

## **20 Things That Make Me Sad - The Odyssey Online**

When you are spending time with the kids, then nothing can be much better than those moments. 13. One important thing that you need to do is get proper sleep. Too much of tiredness can also make you sad and keep you sad for a longer time. So, do not miss 8 hours of sleep.

## **What To Do When You Are Sad? Here Are 15 Things to Do!**

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You are sad because you're a personal problem or any other reason, you need these sad quotes that you can read and share with others to express your feelings.. Life isn't easy for anyone, but you need to pass the test every time or else you will be left alone behind all the people.

### **Best 100 Sad Quotes And Saying That Will Make You Cry ...**

People can experience both types of nostalgia, but restorative nostalgia is more likely to make you feel sad, Boym writes. For example, maybe fall always makes you think about going to football...

### **Why Does Nostalgia Make You Sad Sometimes?**

Don't be sad. Don't cry. If you ever think the dam is about to break, hold back the tears with all the strength you can muster. Completely ignore any reason why you might be crying, and if you do think about it for a few minutes, make

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sure you tell yourself that whatever loss or pain is causing you to be upset is definitely stupid and ...

## **9 Quick Ways to Get "Depressed" | RELEVANT Magazine**

"SAD" Available Everywhere! iTunes: <https://itunes.apple.com/us/album/sad/1461185892?i=1461186056> Spotify: <https://open.spotify.com/artist/4xIK3OdIUfc3EH1gIG...>

## **MattyBRaps - SAD - YouTube**

Depression points out every tiny, perceived, possible slight and uses this as "evidence" that everyone hates you. This perception of hate tends to make people with depression feel even more ...

## **6 Hidden Habits People with Depression Have**

"Nothing is out to hurt you. You are out to be hurt." — Spencer Madsen, You Can Make Anything Sad "Cereal and milk is a poor substitute for ice cream, which is a

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poor substitute for emotional stability.”

## **You Can Make Anything Sad Quotes by Spencer Madsen**

you can make anything sad by spencer madsen \$12.95 Thoughts, lists, ideas, memories, not really poems, but not really anything else. Like being alone but surrounded by yourself.

## **you can make anything sad by spencer madsen - sorry house**

We hope you liked our Ultimate Playlist of Sad Songs. Check out our Pinterest Board for this playlist with beautiful graphics that you can keep and share online with family and friends. Use the comment box below to let us know if there is a sad song about missing someone special that you think that we should add to this post.

## **77+ Sad Songs That Make You Cry | Love Lives On**

25 Points: You Can Make Anything Sad  
Posted by Guest Posts @ 12:00 pm on

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July 10th, 2014. You Can Make Anything Sad. by Spencer Madsen. Publishing Genius Press, 2014. 90 pages / \$14.95 buy from PGP. 1. Spencer Madsen's new book has what you might call 'a classic Alt-Lit title.' ...

### **You Can Make Anything Sad - HTMLGIANT**

You Can Make Anything Sad Tracklist. Thursday, September 27, 2012 Lyrics. A NEW REALITY SHOW CALLED: Lyrics. Thursday, October 4, 2012 Lyrics. About "You Can Make Anything Sad" ...

### **Spencer Madsen - You Can Make Anything Sad Lyrics and ...**

Estrogen is linked to mood disruptions that occur only in women -- PMS, PMDD, postpartum depression, and depression linked to menopause. WebMD examines how the hormone may affect emotions.

### **Estrogen and Women's Emotions - WebMD**

3 Food Traps to Avoid When You're

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Depressed. Learn how depression can affect your eating habits and what you can do to start making healthier choices.

## **3 Food Traps to Avoid When You're Depressed - WebMD**

In You Can Make Anything Sad, Spencer Madsen's thesis is that things are miserable in every direction. SPENCER MADSEN'S YOU CAN MAKE ANYTHING SAD AS CONTEMPORARY POETRY'S THE BACHELOR One of the aesthetic proposals of reality television is that the viewer can, given the medium's perceived lack of ontological distance, posit their own imaginary interaction in the given drama.

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